

**PORTOBELLO ASC**

**SUPER SEPTEMBER MEET 2024**

*Promoted by*



Mercat Gait Pool, Prestonpans, East Lothian,EH32 9EN

01/09/2024

L3/ED/059/SEP24

**Invitation**

Portobello Amateur Swimming Club are delighted to invite you to their Super September 2024 Meet at the Mercat Gait Pool, Prestonpans. The event will be run under SASA & World Aquatics rules.

**Meet Information**

**Date and Venue**

-The meet will be held over one day on Sunday the 1st of September and is a level 3 meet.

-The venue is the Mercat Gait Pool, Prestonpans, East Lothian, EH32 9EN.

**Pool Facilities**

This is a 6-lane, 25m venue with anti-turbulent lane ropes, full electronic timing, spectator area. The café is no longer open so please make sure you bring refreshments with you.

**Age groups**

Individual age groups are as follows;

8 – 9 years

10 – 11 years

12 & over years

Relay age groups are as follows; (relay’s 2 Male & open / 2 Female)

8/9 years

10/11 years

12/13 years

14+ years

All ages are as at 1 September 2024.

Please note that swimmers may ‘swim up’ an age group in relays **only** if sufficient swimmers of that age group are unavailable.

**Events**

**Sunday 1st September**

***8 / 9 years*** 50m Freestyle, 50m Breaststroke, 50m Backstroke, 50m Butterfly, 100m IM, 4 x 50m Medley Relay

***10 / 11 years*** 50m Freestyle, 50m Breaststroke, 50m Backstroke, 50m Butterfly, 100m IM, 200 Freestyle, 200 IM, 4 x 50m Medley Relay

***12 years & over*** 50m Freestyle, 200m Freestyle, 200m Breaststroke, 200m Backstroke, 200m Butterfly, 200m IM, 4 x 50m Freestyle Relay, 4 x 50m Medley Relay (12/13 and 14+ age groups). Results will be declared in respective age groups.

**Meet Format**

Heats will be swum in age groups and swimmers seeded by entry times. Where possible the accepted entries for each age group will be equal but if an age group is under-subscribed PASC reserve the right to include additional entries from other age groups. All swims will be HDW.

**Entry Times**

Entries not accepted will be refunded. Entry times will be short course times. PASC reserve the right to fill any vacant lanes with their swimmers where an event is under subscribed.

**Medal Structure**

Medals will be awarded to the 1st, 2nd and 3rd place finishes in each age group/event.

There will be awards for best male and best female in each age group. Points will be awarded for the top 6 places in each age group as follows; 1st – 6 points, 2nd – 5 points, 3rd – 4 points, 4th – 3 points, 5th – 2 points, 6th – 1 points.

Appropriate club clothing should be worn for all presentations. Swimmers, or their appointed depute, should be available for presentations otherwise they may forfeit any award.

**Competitor Cards and Starts**

Start sheets will be supplied prior to the start of each session.

**Starts**

Over the top starts will be used wherever practicable.

**Session Times**

Sunday 1st September – Sessions 1 and 2 (Doors open 08.30hrs)

Session 1: Warm-up 09.00hrs – 09.40hrs; Start 09.45hrs; Finish 12.45hrs

Session 2: Warm-up 13.30hrs – 14.10hrs; Start 14.15hrs; Finish 17.00hrs

**Accreditation**

All entrants must have paid their membership fee to S.A.S.A. or equivalent governing body.

**Closing Date for Entries**

Noon on the 12th of August 2024

**Event File Request**

The event will be run using Hy Tek Meet Manager. Please send an e-mail, quoting your club, name to Ross Lethbridge [meetman.swimhaddington@gmail.com](mailto:meetman.swimhaddington@gmail.com)

***It is the responsibility of all club entry secretaries to ensure that all competitor entry times, dates of birth, etc are correct. A draft programme will be made available to all club entry secretaries as soon as possible after the closing date. Corrections to entries that will displace a swimmer already accepted will not be allowed.***

Entry Fees

Fees should be paid to Portobello ASC BACS. Entries will not be accepted without a SASA registration number or equivalent. All refunds will be paid by BACS payment.

Coaches Pass

Coaches will be required to present either an East District or National pass on poolside in order to gain access to the event and start sheets. Only pass holders, swimmers and officials will be allowed on poolside.

Meals for Coaches

For coaches with more than 10 swimmers a light lunch will be provided.

Technical Officials

Each club attending should provide at least one timekeeper and one judge **or** two timekeepers per session. Swimming Technical Officials (STO) are asked to make themselves available at least half an hour prior to the start of each session for registration and briefing. STO’s must wear whites. We ask that clubs entering indicate on their entry officials willing to officiate at the event. Lunch will be provided for officials that stay for both the AM and PM session.

Programmes and Results

Programmes will be available to purchase for each session. Provisional results will be posted on poolside and on the glazed screen behind the spectator area. Final results will be available on the Swim Scotland website, [**www.swimscotland.org.uk**](http://www.swimscotland.org.uk)

Controlling the use of Photographic Equipment

The meet organisers are well aware of the wide range of devices including mobile telephones which have photographic and filming capabilities. This enables the capture of both static and moving images. It should be acknowledged that the majority of images taken within Scottish Swimming licensed meets are appropriate and taken in good faith. However, images of children and adults can be misused, and sharing images widely without consent may betray a confidence or identity of a child or adult, which could present a risk of harm to that individual if common sense procedures are not followed.

Spectators who wish to take images are requested to focus on their own family member as much as reasonably possible and to avoid including other participants in images, particularly if those images are being shared with family and friends or through social media platforms. The meet organisers are committed to ensuring that all children who participate in this meet are able to take part in an enjoyable, safe environment and be safeguarded from harm. If there are any child safeguarding concerns at the event, please contact the Meet Organiser immediately to disclose your concerns.

Please scan the QR code to read the Scottish Swimming photography / wellbeing statement.



Additional Relevant Information

• **Transgender & Non-Binary Competition -** The Scottish Swimming Transgender & Non-Binary Competition Policy was implemented on 1st January 2024. The policy and FAQs can be found [HERE.](https://www.scottishswimming.com/about-us/equality) Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Convenor/Lead Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event. By entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category.

• **Safeguarding -** The primary safeguarding point of contact for the event in relation to wellbeing & protection matters or accidents is the Meet Organiser. The secondary point of contact is the Scottish Swimming Safeguarding Manager.

• The main pool will be available for warm-up purposes prior to the start of each session. The time may be split to allow suitable water time and space to all age groupings

• All swimmers must check in with marshals in the allocated poolside area. Swimmers should report to the marshalling area 4 heats in advance of their race

• Spectator tickets and programmes will be available in the reception lobby

• Award presentations will take place during each session with the exception of the overall individual and club medals. These will be presented as soon as possible after the completion of sessions 1 & 2

• Result sheets will be posted on the spectator gallery glazed wall as early as possible after each event. Final results will be posted at [www.swimscotland.co.uk](http://www.swimscotland.co.uk)

• Please note that only swimmers named on the start sheets should report to marshalling.

• The right to alter the programme and warm-up timings is reserved

• Please refer to the Event Regulations section for further information

• Mobile phones should be switched to silent within the swim centre

• Football colours are not permitted to be worn on poolside

• Should you wish any further information or clarification of any item please contact the undersigned.

***Scott Creelie****, PASC Gala Convenor*

Mob. 07732692945

E-mail. PASCGALA@yahoo

Sunday 1st September 2024

Session 1: Warm-up 09.00hrs – 09.40hrs; Start 09.45hrs; Finish 12.45hrs

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| --- | --- | --- | --- | --- |
| 101 | 12 & over | Female | 50m | Freestyle |
| 102 | 8/9 years | Male & Open | 50m | Freestyle |
| 103 | 8/9 years | Female | 50m | Freestyle |
| 104 | 10/11years | Male & Open | 50m | Backstroke |
| 105 | 10/11 years | Female | 50m | Backstroke |
| 106 | 12 & over | Male & Open | 200m | IM |
| 107 | 12 & over | Female | 200m | IM |
| 108 | 8/9 years | Male & Open | 50m | Breaststroke |
| 109 | 8/9 years | Female | 50m | Breaststroke |
| 110 | 10/11 years | Male & Open | 50m | Butterfly |
| 111 | 10/11 years | Female | 50m | Butterfly |
| 112 | 12 & over | Male & Open | 200m | Butterfly |
| 113 | 12 & over | Female | 200m | Butterfly |
| 114 | 8/9 years | Male & Open | 100m | IM |
| 115 | 10/11 years | Female | 200m | Freestyle |
| 116 | 10/11 years | Male & Open | 200m | Freestyle |
| 117 | 12 & over | Male & Open | 200m | Freestyle |
| 118 | 12 & over | Female | 200m | Freestyle |
| 119 | 10/11 years | Female | 4x50m | Medley Relay |
| 120 | 10/11 years | Male & Open | 4x50m | Medley Relay |
| 121 | 12/13 Years | Male & Open | 4x50m | Medley Relay |
| 122 | 12/13 Years | Female | 4x50m | Medley Relay |
| 123 | 14 & over | Male & Open | 4x50m | Freestyle Relay |
| 124 | 14 & over | Female | 4x50m | Freestyle Relay |

Session 2: Warm-up 13.30hrs – 14.10hrs; Start 14.15hrs; Finish 17.00hrs

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| --- | --- | --- | --- | --- |
| 201 | 12 & over | Male & Open | 50m | Freestyle |
| 202 | 8/9 years | Female | 50m | Butterfly |
| 203 | 8/9 years | Male & Open | 50m | Butterfly |
| 204 | 10/11 years | Female | 50m | Breaststroke |
| 205 | 10/11 years | Male & Open | 50m | Breaststroke |
| 206 | 12 & over | Female | 200m | Breaststroke |
| 207 | 8/9 years | Female | 50m | Backstroke |
| 208 | 8/9 years | Male & Open | 50m | Backstroke |
| 209 | 10/11 years | Female | 50m | Freestyle |
| 210 | 10/11 years | Male & Open | 50m | Freestyle |
| 211 | 12 & over | Male & Open | 200m | Breaststroke |
| 212 | 12 & over | Female | 200m | Backstroke |
| 213 | 10/11 years | Female | 200m | IM |
| 214 | 10/11 years | Male & Open | 200m | IM |
| 215 | 8/9 years | Female | 100m | IM |
| 216 | 12 & over | Male & Open | 200m | Backstroke |
| 217 | 8/9 years | Male & Open | 4x50m | Medley Relay |
| 218 | 8/9 years | Female | 4x50m | Medley Relay |
| 219 | 14 & over | Female | 4x50m | Medley Relay |
| 220 | 14 & over | Male & Open | 4x50m | Medley Relay |
| 221 | 12/13 years | Female | 4x50m | Freestyle Relay |
| 222 | 12/13 years | Male & Open | 4x50m | Freestyle Relay |

Event Regulations

Entry and Entries to all events is expressly subject to each and all of these regulations and may, where appropriate, also require compliance with the facility provider’s regulations:

• Permission for any person to enter or to remain within the venue notwithstanding possession of any ticket by that person is at the absolute discretion of the stewards and officers of Portobello ASC and/or any police officer.

• No guarantee can be given by Portobello ASC that the event will take place at a particular time or any particular date and Portobello ASC reserves the right to reschedule the event without notice and without any liability for so doing.

• In the event of postponement, cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of Portobello ASC. Portobello ASC will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel and accommodation costs.

• The following are articles, which must not be brought within the venue (glasses, fireworks, smoke canisters, air horns, flares, glass bottles, weapons of any sort). Any person in

possession of such items will be refused entry at the absolute discretion of staff at Mercat Gait

• Spectators within the venue may throw no object.

• No foul or abusive language or other offensive words such as racial or sexual abuse may be used within venues.

• No alcohol may be consumed within events

• Mobile phones may only be used in designated areas within the building

• Any person entering events must at all times comply with any and all instructions of any steward or officer of Portobello ASC. Failure to comply within a reasonable time with any such instruction will lead to the person being invited to leave.

• No tickets may be offered for resale within events.

• Portobello ASC reserves absolutely the right to eject from events any person failing to comply with each and all of the Event Regulations.

ENTRY SUMMARY SHEET

Please forward this summary and pay the fees 3 days of the closing date to:

Ross Lethbridge at [meetman.swimhaddington@gmail.com](mailto:meetman.swimhaddington@gmail.com)

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| Club: |  |
| Contact: |  |
| e-mail address: |  |

**Double click anywhere in grid below then add the number of entries, etc. in column B**

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| --- | --- | --- | --- |
| **No. of 50m Entrie s** |  | @ £ 6.00 ea ch: | £ - |
| **No. of 100m Entri es** |  | @ £ 7.50 ea ch: | £ - |
| **No. of 200m Entri es** |  | @ £ 7.50 ea ch: | £ - |
| **No. of Relay Entri es** |  | @ £ 10.00 ea ch: | £ - |
|  |  |  |  |
| **Total Remitta nce** |  |  | £ - |
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**Signed: Position: Date:**

Please make payments by bank transfer to the following

**Account Name** Portobello **Amatuer** Swimming Club **Bank** TSB **Branch** Musselburgh **Account** 81581260 **Sort Code** 87-70-11 **Reference (please quote)** Club Code/SSM

SWIMMING TECHNICAL OFFICIALS SHEET

Please send to; PASCGALA@yahoo.com

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| --- | --- |
| Club |  |
| Club Contact |  |
| Tel No. |  |
| E-mail Address |  |

OFFICIALS SHEET (SATURDAY)

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| Name | STO Duty | S1 | S2 |
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OFFICIALS SHEET (SUNDAY)

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| Name | STO Duty | S3 | S4 |
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